

## Avi Goren-Bar, Ph.D. – Curriculum Vitae

### ❖ Personal Details

Date of Birth: Tel-Aviv, 1952  
Address: 4 Kedem St. Tel Aviv, Israel  
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### ❖ Higher Education

Ph.D. 1994 Clinical Psychology & Expressive Therapy  
Union University, Cincinnati, Ohio, U.S.A.  
Goren-Bar, A. (1985), *Three Self-Theories (Kohut, Stern and Bollas) applied to Intermodal Expressive Therapy* (Doctoral dissertation)  
M.A. 1986 Educational Psychology  
School of Education, Hebrew University, Jerusalem  
B.A. 1978 Educational Psychology & Musicology  
School of Education, Hebrew University, Jerusalem

### Academic Ranks and Tenure in Institutes of Higher Education

2016 Beit Berl Academic College - M.A accredited program for Art Therapy  
2001-2015 The College of Management Academic Studies - Lecturer  
1995-1999 Haifa University - Tenured Track Instructor  
1995-1997 T.L.M. Kibbutzim College - Lecturer  
1986-2001 Lesley College Israel Extension - Lecturer  
1985-1988 Kibbutzim College - Lecturer  
1984-1985 Tel Aviv University - Lecturer

## Scholarly Positions and Activities outside the University

- 2014-2016 Athens – Drama Therapy Centre - Clinical Expressive Arts Therapy seminars  
Ljubljana – Clinical Expressive Arts Therapy seminars  
Safir Istanbul in collaboration with Bilgi Istanbul University -  
Clinical Expressive Arts Therapy seminars, Jungian studies seminars
- 2012-2016 Zagreb – Clinical Expressive Arts Therapy seminars, Jungian Coaching seminars
- 2012 Greece – The Arts & Psychotherapy Center – Clinical Expressive arts Program  
Turkey – Safir Center for Psychotherapy – Expressive Arts Studies  
Moscow - Clinical Expressive arts Program
- 2009-2011 Greek Expressive Therapies Program, Athens, Synthesis Centre.
- 2008-2009 Consultation and coordinator, teacher and leader of "Bitouy" - Program for Art Therapy Program, Ramat-Gan.
- 2001 Associate Member in the International Committee of IEATA.  
Director of the "Regesh" ("Feeling") Foundation for the Promotion of Social, Educational, and Clinical Interventions through Expressive Arts (A non-profit organization).
- 2000 **Registered Clinical Psychologist #5654.**
- 1998 **Member of the International Expressive Arts Therapy Association; IEATA.**
- 1996 Authorized & registered member in the Israeli Association for Creative Arts (Ya'hat). Association acknowledged by both Ministries of Health and Education.  
Acknowledgement of my Doctorate by the Professional Committee of Clinical Psychology, of the Psychology Committee, Ministry of Health.
- 1988 **Expert Educational Psychologist, Ministry of Health #2086.**
- 1987 Member of the Israeli Non-Profitable Association for Expressive Therapies.
- 1986 Registered Psychologist #2472 and member of the Israeli Psychological Association.
- **Member of Israeli Association of Psychotherapy # 1352**
  - **Member of the European Gestalt Association**
  - **Internationally registered MBTI Jungian assessment tool**

## ❖ Professional-Therapeutic Experience

- 2001-2008 The Jaffa Jewish-Arab Mental Health Centre for Children, Adolescents and Families, Group supervision for the whole staff (35 psychologists)
- 2001-2005 "Regesh" Expressive Therapy Centre, Private Clinic, Manager
- 1999-2000 Nes-Ziona Mental Health Hospital, Psychiatric Section for Adolescents
- 1996-1998 Clinical Psychology Division Stage in the Shalem Clinic, Rishon LeZion
- 1996-1997 Annual supervision of Expressive Therapy for the staff of Tel-Aviv Psychological Service
- 1994-2001 Director of "Regesh", the Expressive Therapy Clinic for Children, Adolescents and Families at The Academic Center For Graduate Studies in Creative Expression, Netanya (The clinic had over a 100 clients with 12 Expressive Therapists, 3 Psychologists, 5 Supervisors, and a Psychiatrist.)
- 1992-1993 Psychologist in the Rishon LeZion Community Mental Health Service (Doctorate Practicum: diagnosis, individual sessions, and leader of Personality Disorder Expressive Therapy Men's Group).
- 1991-1992 Annual supervision of Expressive Therapy for the staff of Lod Psychological Service
- 1987-2015 Gestalt, Jungian and Expressive Therapies with children, adolescents, adults, couples, and families in private clinic
- 1987-2011 Music Therapist with autistic children, children, and adolescents with ADHD (Attention deficit & hyperactive disorders), private practice
- 1981-1985 Coordinator of the special education division, Psychological Service, Rishon Le-Zion
- 1980-1982 Director of the Psychological Service, Neve Monoson
- 1980-1981 Psychologist at the Psychological Service, Ashkelon  
Psychologist in the "closed unit" at Abarbanel Psychiatric Hospital, Bat-Yam (Doctorate Practicum: diagnosis, individual sessions and leader of a day-care Expressive Therapy Group for Post-Psychotic outdoor patients).

## ❖ Active Participation in Scholarly Conferences

- 23<sup>rd</sup> scientific Conference of the Israeli Association of Psychology, Jerusalem, Lecture: Application of Gestalt principles in the therapeutic work with post-psychotic patients by means of expressive therapy.
- Annual conference of educational psychologist: leader of a theoretical and experiential workshop on Inter-intrapsychic processes in group expressive therapy.  
Tiberias - Oct. 1991, Eilat - Oct. 1992, Eilat - Nov. 1994, Jerusalem - Nov. 1995, Tiberias - Dec. 1996
- Annual Conference of the Clinical Psychology Division: leader of a theoretical and experiential workshop on Self Aspects in Expressive Therapy.  
Kineret-Genossar - June 1994, Kineret-Ramot - June 1995, Kineret-Genossar - June 1996 & June 1997.
- Psychology Association, Division of Diagnostics and Assessments, A one-day Conference: lecture on Diagnostics through arts. T. A. University, Feb. 1995.
- Annual seminar for organizational, occupational & social psychologists: leader of a theoretical and experiential workshop on the location of the Self in an expressive therapy group process. Eilat - March 1995.
- Fifth annual conference of the mental authorities of the IDF (Israeli Defense Forces). Workshop: Intermodal Expressive Therapy. Giv'at-Olga - Dec. 1995.
- Psychology Association, Division of Diagnostics and Assessments, A one-day conference; lecture on Diagnostics through art. Herzliya - March 1996.
- Interdisciplinary seminar for psychoanalysis and creative arts in therapy, Art Therapy Italy, Bologna - July 1997.
- Fourth European arts therapies conference. ECARTE, London - Sep. 1997.
- International Expressive Arts Therapy Association, IEATA, Toronto - Oct. 1998.
- International Expressive Arts Therapy Association, IEATA, San Francisco - May 2000.
- Seventh European Arts Therapies Conference – ECARTE, Madrid Sep. 2003.  
Validation of the Creation Axis, Lecture: "How do you use your artistic talents in the presence of your patient's pathology – Workshop".

- Greek Adlerian Society – Human Relationship Expressed in the Arts Therapies, Athens  
Sep. 2003-2008: Human Relationship in Creative Arts.
- 1<sup>st</sup> International Conference for Conflict Resolutions, Israeli-Palestinian Collaboration by means of Expressive Arts, Hilton Hotel, Tel Aviv - April 2006.

## ❖ Colloquium Talks and Other Invited Addresses

- “Bamot”, Seminar on Music, Soul and Body. Lecture: *From plastically arts into sound and movement*. Kibbutz Ma’ale-Hahamisha - June 1992.
- Ministry of Education, Educational Psychologists from Argentina. Workshop (in Spanish): *Expressive tools in crisis intervention*, Jerusalem, Jan. 1995.
- IDA: “Mavdak” (army assessment division for officer candidates), three lectures: *Pathology and normality according the C.G. Jung expressed in the art work of patients*. Feb-July 1996.
- Ministry of Foreign Affairs, Center for Foreign Learners: Special education teachers from Chile. Workshop (in Spanish): *Gestalt and expressive therapy*. Jerusalem - Nov. 1996, Nov. 1997.
- Guest lectures on “*The Creation Axis in Expressive Therapies*”:
  - International Expressive Arts Therapy Association, IEATA Conference, Toronto, Canada, Oct. 1998.
  - Lesley College Graduate Faculty, Boston, Oct. 1998.
  - N.Y.U. Drama-therapy Graduate Program, New York, Oct. 1998.

## ❖ Research Grants

Palestinian-Israel-Netherlands Research Program for Social Development (PIN) – \$50,000 grant for two years to apply doctoral model the “Creation Axis” as a diagnostic and therapeutic tool with learning - disabled pupils.

## ❖ **Teachings**

### Jungian Coaching in Organizations

B.A and Masters level any course or seminar in the following subjects:

Social psychology, human community, Group therapy, the psychodynamics of groups in organizations, Diagnostics, object Relations, Self Psychology, Jungian psychotherapy, Sand Tray therapy, Gestalt therapy, Gestalt in Organizations, Expressive Therapies. Also experienced in teaching Coaching, from the coach-me college especially using creative tools in adhering processes in a "stuck" coaching situations.

### Courses Taught

1. Gestalt therapy applied to creative arts. Seminar, 1985-1988, B.A.
2. Psychotherapy: art as a therapeutic tool, Class, 1985-1988, B.A.
3. Diagnostics through the arts, Class, 1985-1988. B.A.
4. Diagnostics through the arts, Class, 1986-1997, M.A.
5. Applied Gestalt therapy to expressive therapy, Class, 1986-1996, M.A.
6. Intermodal expressive therapy. Intensive workshop, 1986-1998, M.A.
7. Practicum in creative arts, 1987-1995, M.A.
8. Group dynamics. Workshop, 1994-1997, M.A.
9. Self Theories applied to expressive therapies. Seminar, 1994-1997, M.A.
10. Psychological theories applied to creative Art therapies. Seminar 1995-1998, M.A. (Haifa University).
11. Diagnostic thinking in creative Arts Therapies. Seminar, 1995-1998, M.A. (Haifa University)

## ❖ **Miscellaneous**

- Supplementary studies in psychotherapy:  
The Jerusalem Center for Jungian Studies, three - year program, 1991-1993.
- Jungian analysis, 1987-1992.
- Psychoanalysis – 2003 – 2006, Tel Aviv

## ❖ **Languages:**

Academic level: Hebrew, English and Spanish      Dialogue: French

## PUBLICATIONS

### ❖ **Ph.D. Dissertation**

“Three Self-Theories (Kohut, Stern and Bollas) Applied to Intermodal Expressive Therapy”  
(English, 245 pages, 1994).

Supervisors:

Dr. D. Shapiro, Core, Ph.D. Clinical Psychology, New York University.

Dr. L. Hopkins, Second Reader, Ph.D. Clinical Psychology, Temple University.

Dr. E. Bernstein, Adjunct, Ph.D. Clinical Psychology, Zurich University.

Mrs. Y. Shahr-Levi, Adjunct, M.A. Antich University, ATRDT.

Published by University Microfilms, Inc. USA, 1995.

### ❖ **Published Articles in Refereed Journals**

1. Goren-Bar, A. (1993) Diagnostic thinking in creative arts therapies,  
*The Israeli Journal of Creating Arts Therapies (Ya'hat)*, Vol. 1(2). pp. 24-31.
2. Goren-Bar, A. (1997) Expressive Art Therapy. A Call for Dialogue,  
*The Arts in Psychotherapy, An International Journal*, Pergamon Press, 24(4),  
pp. 319-321
3. Goren-Bar, A. (1997) The Creation Axis in Expressive Therapies,  
*The Arts in Psychotherapy, An International Journal*,  
Pergamon Press, 24(5), pp. 411-419.

### ❖ **Articles or Chapters in Books which are not Conference Proceedings**

Goren-Bar, (1999) Analysis of adolescent's drawings after the helicopters crash disaster in 1997. In: *Klingman, A. Raviv, A., Stein, B. unpublished book, "Shefi Press"*.

Goren-Bar (2015) The use of the Arts as a mediating factor in the process of group therapy, In: Lehman, T. (Editor), *Group Story, Group leaders tell their professional experience*. Amatzia Pub. Press.